So… You’re thinking about having The Talk with a friend or a loved one.

We get it. Talking to someone about medical marijuana treatment can feel intimidating or awkward. After all, good intentioned, but often misguided, anti-drug campaigns set the tone for many people’s opinions about medical marijuana. At Solevo Wellness we love to help people, so we’ve designed this guide to make it easier for you to start a conversation with someone in need of relief.
What We Believe

At Solevo Wellness™, we’re driven to provide quality care for those who need it most. Our highly trained medical team, including board-certified pharmacists and support staff, helps determine the most effective treatment method, then guides our patients through every step of the process so they’ll know exactly what to expect, answer any questions, and provide any resources needed during such a trying time.

We are investing in our community, and we will continue to grow responsibly to meet your needs and provide the care and treatment that only your friends and neighbors can provide. Your standards are high. And so are ours.
About Solevo Wellness

Solevo Wellness™ [soh-lee-voh] is a medical marijuana dispensary based in Pittsburgh, PA, dedicated to providing medical marijuana relief solutions for Pennsylvanians certified with serious medical conditions such as intractable pain including arthritis, and other serious medical conditions including glaucoma, cancer, autism, Parkinson’s disease, MS, IBD, PTSD, and HIV/AIDS. Founded by leading physicians, pharmacists, and medical professionals, Solevo offers personal, professional care, and quality medical marijuana products.

Exclusive Sponsor

About Prime Wellness

In June 2017, Prime Wellness was one of the first 12 companies licensed to grow and process medical marijuana in the Commonwealth of Pennsylvania. The “prime” family of medical marijuana products have been available at Solevo Wellness since late August 2018. Prime Wellness built a state-of-the-art 30,000-square-foot indoor facility in South Heidelberg Township, where the team focuses on producing quality products for Pennsylvania patients and caregivers. Backed by Acreage Holdings – its parent company – with one of the most diverse portfolios of cultivation, processing and dispensary operations in the United States – Prime Wellness has significant access to industry-wide knowledge, national best practices, and expertise.
Did You Know?

With over 180,000 certified patients in the Commonwealth, medical marijuana has drastically changed treatment options for Pennsylvanians across the state. But many of our neighbors, friends, and family members who deal with one or more of PA's 23 approved conditions, are unaware or misinformed about medical marijuana.

Here are a few interesting facts about the PA Medical Marijuana Program to kick things off…

Qualifying Medical Conditions

Amyotrophic Lateral Sclerosis • Anxiety Disorders • Autism
Cancer, including remission therapy • Crohn’s Disease
Damage to the nervous tissue of the central nervous system (brain-spinal cord) with objective neurological indication of intractable spasticity, and other associated neuropathies;
Dyskinetic and Spastic Movement Disorders • Epilepsy • Glaucoma
HIV/AIDS • Huntington’s Disease • Inflammatory Bowel Disease
Intractable Seizures • Multiple Sclerosis
Neurodegenerative Diseases • Neuropathies
Opioid use disorder for which conventional therapeutic interventions are contraindicated or ineffective, or for which adjunctive therapy is indicated in combination with primary therapeutic interventions;
Parkinson’s Disease • Post-Traumatic Stress Disorder
Severe chronic or intractable pain of neuropathic origin or severe chronic or intractable pain;
Sickle Cell Anemia • Terminal Illness • Tourette Syndrome

Forms of Medical Marijuana

INGESTIBLES
Capsules • Tinctures

TOPICALS
Creams

INHALABLES
Oil • Dry leaf
What Symptoms Can Medical Marijuana Potentially Alleviate?

Medical Marijuana may help alleviate symptoms associated with the Qualifying Medical Conditions. Common symptoms being treated by patients include:

- Inflammation
- Pain
- Sleeplessness
- Lack of energy
- Decrease in appetite
- Increase in appetite
- Nerve issues
- Nausea

Conversation Starter Examples

Below are conversation starter examples you can use to approach someone about the idea of medical marijuana.

**CHILD TO PARENT:** “Mom, I couldn’t help but notice you’ve been rubbing your hands a lot. I know your arthritis has been bothering you and it’s impacting your quality of life. Have you considered trying medical marijuana to address the pain and inflammation?”

**FRIEND TO FRIEND:** “Hey we’ve known each other for a lot of years. I know that dealing with your Crohn’s disease causes you to skip a lot of the activities we used to enjoy together. I heard that medical marijuana can make a positive impact on the lives of people living with Crohn’s. Have you considered looking into it?”

**PARENT TO CHILD:** “I know this might sound unusual coming from a parent, but I’ve been reading some really interesting information about how people with intractable seizures have been addressing their condition with medical marijuana. Would that be something you’d be interested in looking into together?”

Want to know more about this?
Email us at TheTalk@SolevoWellness.com

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<table>
<thead>
<tr>
<th>Answers to Common Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Can another person pick up my medicine for me?</td>
</tr>
<tr>
<td>Is a friend or family member allowed inside a PA dispensary with me?</td>
</tr>
<tr>
<td>Does insurance cover the cost of medical marijuana?</td>
</tr>
<tr>
<td>Will I get “high” from taking medical marijuana?</td>
</tr>
<tr>
<td>Can medical marijuana negatively interact with other medications?</td>
</tr>
<tr>
<td>Can I treat my symptoms without inhaling medical marijuana?</td>
</tr>
</tbody>
</table>
PA Medical Marijuana Caregiver Information

It is likely that you know someone who has a condition that is certifiable to be treated with medical marijuana in Pennsylvania. It is also likely that you know someone who may not be able to pick up their own medical marijuana. Maybe it could be that they don’t have a caregiver, or maybe their age or illness prohibits them from making a trip to the dispensary for themselves. Additionally, some patients feel more comfortable bringing a trusted individual with them in to the dispensary. Becoming a PA Medical Marijuana Caregiver enables you to help up to 5 patients who need this additional care.

What is a PA Medical Marijuana Caregiver?
A Caregiver in the PA Medical Marijuana Program is an individual who can pick up medical marijuana at a dispensary on behalf of their patient(s). Any patient may designate up to two registered PA Medical Marijuana Caregivers.

Who can serve as a caregiver?
Only a person 21 years of age or older, unless authorized by the PA Department of Health (DoH), can serve as a Caregiver.

Who must have a caregiver?
The following categories of certified patients must have a registered PA Medical Marijuana Caregiver:

1. Minors
2. Adult patients who are home-bound; or
3. Adult patients who benefit from assistance (i.e. nonverbal, do not make their own medical decisions, etc.).

What is the process to become a PA Medical Marijuana Caregiver?
To become a Caregiver in the program, you must register online with the PA Department of Health, undergo a criminal background check, wait for an email with the outcome of your background check and finally pay for a Caregiver ID card if approved to server as a Caregiver.

Want to know more about this?
Email us at TheTalk@SolevoWellness.com

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Obtaining a Patient Medical Marijuana Card

To obtain a PA Medical Marijuana Card, these steps must be followed:

1. Create a Patient Profile on the PA Department of Health’s Medical Marijuana website.
2. Schedule an in-person appointment with a PA Medical Marijuana Certified Physician.
3. After obtaining a Patient Certification from the physician, the Certified Patient will receive an email from the PA Department of Health with a link to pay for the PA Medical Marijuana Card. Individuals participating in Medicaid, PACE/PACENET, CHIP, SNAP, and WIC may qualify for a discounted processing fee.
4. Receive the card in the mail. Once the Medical Marijuana Card arrives, a patient can visit Solevo Wellness to obtain their medical marijuana.

We know the Patient Certification, Patient Re-Certification and Caregiver Registration processes can be challenging to navigate. But don’t worry…Solevo is here to help! Read on below to learn about upcoming certification events that we are hosting.

1. Review the event information on the following page to prepare for the Patient Certification Appointment.
2. Visit www.SolevoWellness.com/Events and select an event day.
Upcoming Events

Solevo Wellness is hosting Patient Certification, Patient Re-Certification and Caregiver Registration events in Pittsburgh and surrounding communities. Please review the information on the next page, then visit our website to schedule an appointment with a certified physician. The physicians will be doing Patient Certifications at the reduced rate of $150 and Patient Re-Certifications at a reduced rate of $100. There is no charge for Caregiver Registrations.

What Do I Need to Bring to My Appointment?

To be certified, you must bring the following to your appointment:

- Documentation of your Qualifying Medical Condition (medical records)
- Valid and current PA Identification Card or PA Driver’s License
- Any recent Change of Address Card
- Payment in the form of Cash, Debit or Credit Card

To learn more about scheduling a certification appointment, visit SolevoWellness.com/events
January and February Events

**JANUARY**

**Mars**

Where:
PCMA Advanced Pain Medicine and Wellness Center
One Adams Place
310 Seven Fields Blvd., Ste 130
Mars, PA 16046

When:
Thursday, January 2, 2020
Appointments available between 11a-4p

**Squirrel Hill**

Where:
Solevo Wellness Community Room
5600 Forward Avenue
Pittsburgh, PA

When:
Tuesday, January 21, 2020
Appointments available between 1p-6p
Dr. Annette Folgueras

**FEBRUARY**

**Squirrel Hill**

Where:
Solevo Wellness Community Room
5600 Forward Avenue
Pittsburgh, PA

When:
Tuesday, February 18, 2020
Appointments available between 1p-6p
Dr. Annette Folgueras